

Events

For more information on any of the Angels Voices events, or to reserve a spot for any of the sessions, please call (717) 854-1025 or email events@angelsvoices.com.

“An Ordinary Journey with Leigh Thomas” TV Show

When:

Thursday nights from 7-8 pm EST

With:

Leigh Thomas and guest(s)

Description:

“AOJwLT” is a historic, live, call-in show on Comcast-WRCT-Channel 16 or streaming around the world on www.anordinaryjourney.com. Call us at (717) 846-5067, and join us for the only talk show which only deals with awareness, resources and healing and let’s get conversation started. Check the monthly show schedule on the An Ordinary Journey website to preview the show topics and guest list.

Life Coaching

When:

1st Wednesday of each month at 12:30 pm

With:

Dr. Anita Marchesani

Description:

Life coaching guides the participants to consciously and deliberately define the life they want for themselves, based on their own unique strengths and skills. Then, coaching helps the clients close the gap between where they are now with their lives, towards where they want to be with their lives.

Overcoming Powerlessness - Group Therapy

When:

1st, 3rd and 4th Wednesdays of each month at 6:30 pm

With:

Bonnie Wilt

Description:

Overcoming Powerlessness is group therapy sessions that offer a range of self-empowering topics. Should you need counselling at times when Group Therapy is not in session call Bonnie at (717) 927-6873 or visit her website, www.overcomingpowerlessness.com.

Empowerment Sessions

When:

Thursday's from 12pm- 1pm

With:

TBA

Description:

These informative sessions are to empower any future decision by providing options.

Self-Defense Workshops

When:

Contact us for Spring and Summer Sessions

With:

Det. Ray Cully

Description:

The Self-Defense Workshops provides a two-hour session to empower and create self-esteem in participants by offering techniques showing them how to defend themselves in threatening situations.

Yoga and Reiki

When:

To be arranged

With:

Margaret Glatfelter, Yoga Instructor and Reiki Master

Description:

Remember your divine nature, bring awareness within, and center the consciousness in the heart with Yoga. Heal using Reiki; activate the body's parasympathetic nervous system (relaxation response) and allow your body to relax and heal itself.